

Insights into Bhagavad Gita
By Swami Bhoomananda Tirtha
Essential Shlokas for Memorization - 97

Chapter 9 Shloka 22

अनन्याश्चिन्तयन्तो मां ये जनाः पर्युपासते ।
तेषां नित्याभियुक्तानां योगक्षेमं वहाम्यहम् ॥

ananyāś-cintayanto mām
ye janāḥ paryupāsate ।
teṣāṃ nityābhīyuktānām
yoga-kṣemaṃ vahāmy-aham ॥

“Those who worship Me (the Supreme) in and through everything, considering Me non-different from themselves, remaining ever connected with Me, for them I ensure Yoga (whatever they need for their progress and fulfilment) and Kshema (safety of external and internal possessions).”



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