

Insights into Bhagavad Gita  
By Swami Bhoomananda Tirtha

Essential Shlokas for Memorization – 46

### Chapter 4 Shloka 7

यदा यदा हि धर्मस्य  
प्लानिर्भवति भारत ।  
अभ्युत्थानमधर्मस्य  
तदात्मानं सृजाम्यहम् ॥

yadā yadā hi dharmasya  
glānir bhavati bhārata ।  
abhyutthānam-adharmasya  
tadātmānaṃ sṛjāmy-aham ॥

Whenever, O Bharata (Arjuna),  
righteousness declines and unrighteousness  
grows, I manifest specially.



“Insights into Bhagavad Gita” available from

[publications@bhoomananda.org](mailto:publications@bhoomananda.org) India

[publications@globalgita.org](mailto:publications@globalgita.org) (outside)

Flipkart (India) and Amazon USA

[www.SwamiBhoomanandaTirtha.org](http://www.SwamiBhoomanandaTirtha.org)