

Insights into Bhagavad Gita
By Swami Bhoomananda Tirtha

Essential Shlokas for Memorization – 40

Chapter 3 Shloka 43

एवं बुद्धेः परं बुद्ध्वा संस्तभ्यात्मानमात्मना ।
जहि शत्रुं महाबाहो कामरूपं दुरासदम् ॥

evaṃ buddhe: paraṃ buddhvā
saṁstabhyātmānam-ātmanā ।
jahi śatruṃ mahābāho
kāma-rūpaṃ durāsadam ॥

Knowing thus what reigns within the body as superior to even intelligence, confidently regulating the senses and mind by your own inner power, win over, O mighty-armed, the enemy, in the form of desire, hard to conquer.

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