

Insights into Bhagavad Gita  
By Swami Bhoomananda Tirtha

Essential Shlokas for Memorization – 37

### Chapter 3 Shloka 34

इन्द्रियस्येन्द्रियस्यार्थे रागद्वेषौ व्यवस्थितौ ।  
तयोर्न वशमागच्छेत्तौ ह्यस्य परिपन्थिनौ ॥

indriyasyendriyasyārthe  
rāga-dveṣau vyavasthitau ।  
tayor-na vaśam-āgacchet-  
tau hy-asya paripanthinau ॥

For each sense organ, attraction and repulsion towards its objects are natural. Do not come under their sway. They are one's stark enemies.

"Insights into Bhagavad Gita" available from



[publications@bhoomananda.org](mailto:publications@bhoomananda.org) India

[publications@globalgita.org](mailto:publications@globalgita.org) (outside)

Flipkart (India) and Amazon USA

[www.SwamiBhoomanandaTirtha.org](http://www.SwamiBhoomanandaTirtha.org)