

Insights into Bhagavad Gita
By Swami Bhoomananda Tirtha

Essential Shlokas for Memorization – 31

Chapter 3 Shloka 7

यस्त्विन्द्रियाणि मनसा नियम्यारभतेऽर्जुन ।
कर्मेन्द्रियैः कर्मयोगमसक्तः स विशिष्यते ॥

yas-tvindriyāṇi manasā
niyamyārabhate' rjuna ।
karmendriyai: karma-yogam-
asakta: sa viśiṣyate ॥

He who, regulating the sense-organs with the mind, without any delusional clinging, begins Karma-yoga with his organs of action, verily excels, O Arjuna.

"Insights into Bhagavad Gita" available from



publications@bhoomananda.org India
publications@globalgita.org (outside)

Flipkart (India) and Amazon USA

www.SwamiBhoomanandaTirtha.org