

Insights into Bhagavad Gita  
By Swami Bhoomananda Tirtha

Essential Shlokas for Memorization – 26

## Chapter 2 Shloka 70

आपूर्यमाणमचलप्रतिष्ठं  
समुद्रमापः प्रविशन्ति यद्वत् ।  
तद्वत्कामा यं प्रविशन्ति सर्वे  
स शान्तिमाप्नोति न कामकामी ॥

āpūryamāṇam-acala-pratiṣṭhaṁ  
samudram-āpaḥ praviśanti yadvat ।  
tadvat-kāmā yaṁ praviśanti sarve  
sa śāntim-āpnoti na kāmā-kāmī ॥

As the ocean in which waters (of rivers) enter filling it to the brim remains unmoved, likewise the one into whom enter all experiences (unsought and causing no agitation), attains peace, not the one running after objects of desire.

"Insights into Bhagavad Gita" available from



[publications@bhoomananda.org](mailto:publications@bhoomananda.org) India

[publications@globalgita.org](mailto:publications@globalgita.org) (outside)

Flipkart (India) and Amazon USA

[www.SwamiBhoomanandaTirtha.org](http://www.SwamiBhoomanandaTirtha.org)