

Insights into Bhagavad Gita
By Swami Bhoomananda Tirtha

Essential Shlokas for Memorization – 25

Chapter 2 Shloka 57

यः सर्वत्रानभिस्नेहस्तत्तत्राप्य शुभाशुभम् ।
नाभिनन्दति न द्वेष्टि तस्य प्रज्ञा प्रतिष्ठिता ॥

ya: sarvatrānabhisnehas-
tat-tat-prāpya śubhāśubham ।
nābhinandati na dveṣṭi
tasya prajñā pratiṣṭhitā ॥

He who transcends his constricted fondness, and does not unduly compliment or condemn whatever auspicious or inauspicious meets him, his consciousness is stable and steady.

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