

Insights into Bhagavad Gita  
By Swami Bhoomananda Tirtha  
Essential Shlokas for Memorization - 8

Chapter 2 Shloka 15

यं हि न व्यथयन्त्येते पुरुषं पुरुषर्षभ ।  
समुदःखसुखं धीरं सोऽमृतत्वाय कल्पते ॥

yaṃ hi na vyathayanty-ete  
puruṣaṃ puruṣarṣabha  
sama-du:kha-sukhaṃ dhīraṃ  
so'mṛtatvāya kalpate ॥

Whoever is not tormented by these, O Purusharshabha (Arjuna), that wise human, equanimous in sukha-du:khas, is fit for immortality, liberation.

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