Insights into Bhagavad Gita By Swami Bhoomananda Tirtha

Essential Shlokas for Memorization - 29

Chapter 3 Shloka 3

श्रीभगवानुवाच । लोकेऽस्मिन् द्विविधा निष्ठा पुरा प्रोक्ता मयानघ । ज्ञानयोगेन साङ्ख्यनां कर्मयोगेन योगिनाम् ॥

śrī bhagavān-uvāca loke'smin dvividhā niṣṭhā purā proktā mayānagha I jnāna-yogena sāṅkhyānām karma-yogena yoginām II

Lord Krishna said: O Sinless Arjuna! Right in the beginning, had been enunciated by Me the two-fold pursuit, niṣṭha (for gaining supreme felicity, śreyas). For the knowledge-oriented sānkhya seekers, it is Jñāna Yoga, and for the yogis it is Karma-yoga.

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