

Insights into Bhagavad Gita
By Swami Bhoomananda Tirtha
Essential Shlokas for Memorization – 215

Chapter 18 Shloka 57

चेतसा सर्वकर्माणि मयि संन्यस्य मत्परः ।
बुद्धियोगमुपाश्रित्य मच्चित्तः सततं भव ॥

cetasā sarva-karmāṇi
mayi sannyasya mat-para: ।
buddhi-yogam-upāśritya
maccitta: satataṁ bhava ॥

“Mentally renouncing all actions to Me (the Supreme), regarding Me as the Supreme, let your mind, resorting to buddhi-yoga (anchoring the intelligence in the inmost Reality), abide constantly in Me.”



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