

Insights into Bhagavad Gita
By Swami Bhoomananda Tirtha
Essential Shlokas for Memorization – 174

Chapter 17 Shloka 14

देवद्विजगुरुप्राज्ञपूजनं शौचमार्जवम् ।
ब्रह्मचर्यमहिंसा च शरीरं तप उच्यते ॥

deva-dvija-guru-prājña-pūjanam
śaucam-ārjavam ।
brahmacaryam-ahiṃsā ca
śārīraṃ tapa ucyate ॥

“Worshipping devas (divine beings), brāhmaṇas, Guru and the wise, cleanliness, straightforwardness, celibacy and non-hurting constitute bodily austerity.”



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