

Insights into Bhagavad Gita
By Swami Bhoomananda Tirtha

Essential Shlokas for Memorization – 166

Chapter 16 Shloka 01

श्री भगवानुवाच ।

अभयं सत्त्वसंशुद्धिर्ज्ञानयोगव्यवस्थितिः ।
दानं दमश्च यज्ञश्च स्वाध्यायस्तप आर्जवम् ॥

śrī bhagavān-uvāca ।
abhayaṁ sattva-saṁśuddhir-
jñāna-yoga-vyavasthitiḥ ।
dānaṁ damaś-ca yajñaś-ca
svādhyāyas-tapa ārjavam ॥

Lord Krishna said: “Fearlessness, wholesome purity, adequate attunement to and abidance in spiritual wisdom, charitability, sensory regulation, acting with full dedication to the supreme Reality (yajña), study of scriptures, austerity, straightforwardness;”

(Enumeration of Divine Qualities)



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