

Insights into Bhagavad Gita
By Swami Bhoomananda Tirtha
Essential Shlokas for Memorization – 160

Chapter 15 Shloka 05

निर्मानमोहा जितसङ्गदोषा
अध्यात्मनित्या विनिवृत्तकामाः ।
द्वन्द्वैर्विमुक्ताः सुखदुःखसंज्ञैः
गच्छन्त्यमूढाः पदमव्ययं तत् ॥

nirmāna-mohā jita-saṅga-doṣā
adhyātma-nityā vinivṛtta-kāmā:
dvandvair-vimuktā: sukha-duḥkha-sañjñai: -
gacchanty-amūdhā: padam-avyayaṁ tat ॥

“Those, who are free of pride and delusion, have won over the defect of attachment, who are given to constant reflection on the supreme Reality, and are fully rid of desires; who have overcome the hold of pairs of opposites in the form of sukha and duḥkha, they become free of delusion and reach that supreme imperishable Abode.”



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