

Insights into Bhagavad Gita  
By Swami Bhoomananda Tirtha

Essential Shlokas for Memorization – 15

### Chapter 2 Shloka 30

देही नित्यमवध्योऽयं  
देहे सर्वस्य भारत ।  
तस्मात्सर्वाणि भूतानि  
न त्वं शोचितुमर्हसि ॥

dehī nityam-avadhyo'yam  
dehe sarvasya bhārata ।  
tasmāt-sarvāṇi bhūtāni  
na tvam śocitum-arhasi ॥

In the body of all, the indwelling Self is ever indestructible. Hence you must not grieve over any being

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