

Insights into Bhagavad Gita
By Swami Bhoomananda Tirtha
Essential Shlokas for Memorization - 144

Chapter 13 Shloka 25

ध्यानेनात्मनि पश्यन्ति केचिदात्मानमात्मना ।
अन्ये सांख्येन योगेन कर्मयोगेन चापरे ॥

dhyānenātmani paśyanti
kecid-ātmānam-ātmanā ।
anye sāṅkhyena yogena
karma-yogena cāpare ॥

“Resorting to exclusive meditation, some perceive the Self in them by their self. Some others do so by assiduous introspection (Vicāra or Sāṅkhya-yoga), while others accomplish the goal by taking to Karma-yoga.”



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