

Insights into Bhagavad Gita
By Swami Bhoomananda Tirtha
Essential Shlokas for Memorization - 130

Chapter 13 Shloka 8

अमानित्वमदम्भित्वमहिंसा क्षान्तिरार्जवम् ।
आचार्योपासनं शौचं स्थैर्यमात्मविनिग्रहः ॥

amānitvam-adambhitvam-
ahimsā-kṣāntir-ārjavam ।
ācāryopāsanam śaucaṁ
sthairyam-ātma-vinigraha: ॥

“Sublimation of pride, non-ostentation, non-hurting, tolerance or forgiveness, straightforwardness, adoring and serving the Teacher, cleanliness (of body and mind), stability and steadfastness, self-control;”

(Enumeration of qualities representing true knowledge)

“Insights into Bhagavad Gita” available from
publications@bhoomananda.org India
publications@globalgita.org (outside)



Flipkart (India) and Amazon USA

www.SwamiBhoomanandaTirtha.org