

Insights into Bhagavad Gita  
By Swami Bhoomananda Tirtha

Essential Shlokas for Memorization – 126 - 127

Chapter 12 Shloka 18 - 19

समः शत्रौ च मित्रे च तथा मानापमानयोः ।  
शीतोष्णसुखदुःखेषु समः सङ्गविवर्जितः ॥  
तुल्यनिन्दास्तुतिर्मौनी सन्तुष्टो येन केनचित् ।  
अनिकेतः स्थिरमतिर्भक्तिमान्मे प्रियो नरः ॥

sama: śatrau ca mitre ca tathā mānāpamānayo: ।  
śītoṣṇa-sukha-duḥkheṣu sama: saṅga-vivarjita: ॥  
tulya-nindāstutir-maunī santuṣṭo yena kenacit ।  
aniketa: sthira-matir-bhaktimān-me priyo nara: ॥

“A devotee who has evenness towards enemy and friend, honour and dishonour, happiness and unhappiness which are like cold and heat, who remains free of wrong identification (clinging), and is even-minded towards blame and praise, who is given to spiritual silence and indifference, contented with whatever comes or goes, has no special possessiveness about any place, and of stable mind, is dear to Me (the Supreme).”

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