

Insights into Bhagavad Gita  
By Swami Bhoomananda Tirtha  
Essential Shlokas for Memorization - 120

Chapter 12 Shloka 12

श्रेयो हि ज्ञानमभ्यासाज्ज्ञानाद्दधानं विशिष्यते ।  
ध्यानात्कर्मफलत्यागस्त्यागाच्छान्तिरनन्तरम् ॥

śreya hi jñānam-abhyāsāj-  
jñānād-dhyānaṁ viśiṣyate ।  
dhyānāt-karma-phala-  
tyāgas-tyāgācchāntir-anantaram ॥

“Knowledge is surely better than practice, and meditative introspection excels mere knowledge. From such reflective meditation, dawns renunciation of the (internal) results of action, and from such relinquishment follows peace.”

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