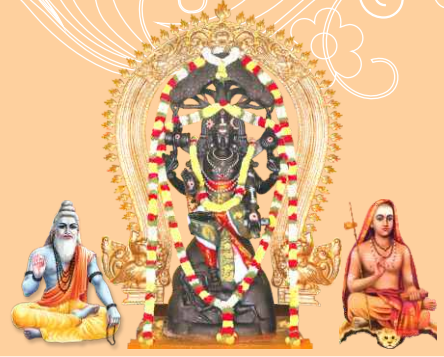




E-NEWS LETTER



Rishi - 2

Sri Sarvari Samvatsaram, Newsletter, May 2020

Upadesa - 1

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Sri Bhuvaneswari Ekakshara Mantra Japa Deeksha - Chitra Pournami - May 7, 2020



Pujyasri Swami Omkarananda initiated (online) over two thousand devotees, with the Sri Bhuvaneswari Ekakshara Mantra Japa Deeksha, in the morning, on the Chitra Pournami Dinam, Thursday, May 7th. Devotees spread all over the globe were blessed. Devotees who have taken the Mantra Japa Deeksha, are required to perform the Mantra Japa daily. A separate WhatsApp help line, has been dedicated for this purpose, to



respond to the various queries and clarify the doubts, of the devotees. Every one has been requested to keep track, and convey the Japa Avarti Sankhya (count) each month, to offer their Mantra Japa as a Samarpanam to Pujyasri Swamiji, who will offer all the collective Mantra Japas, of all the devotees, at the feet of Jagan Mata Sri Bhuvaneswari Ambal, at the time of the Mahakumbhabhishekam, in 2022.



Pujyasri Swamiji delivered a three-day special talk series (online, in English) specially for AIM for Seva. He talked on - Lessons from our Scriptures: How to deal with Stress, Anxiety and Insecurity amidst COVID times. Pujyasri Swamiji chose to explain how Srimad Bhagavad Gita has in it, all the answers and solutions to the above problems. He began with the very last sloka of the Gita, where Sri Sanjaya says that, wherever there is Sri Krishna, the Lord of Yoga, wherever there is Arjuna, the one who bears the bow, there will be wealth, victory, riches and definite justice. Sri Krishna, residing in one's heart frees that person, from all forms of psychological problems - like anxiety, stress, insecurity etc. Pujyasri Swamiji talked about the lessons that one can learn from the Gita. Not to act as per our likes and dislikes. That the Sastras are the Pramanam for us to know what should/should not be done, and to obey them implicitly. To have total "Sraddha" in our Sastras -



which means having the absolute conviction that, what it talks about, is nothing but the truth. That we are different from our bodies. That we are the Jivas residing temporarily in human bodies. That there is no birth or death to a Jiva. It is only the body, which is born and which eventually dies. Dehatma Buddhi makes one materialistic. Jivatma Buddhi makes one lead a Dharmic life. The four Purushartas - Punya, Security, Sense Pleasures and Liberation (from the birth and death cycles) - namely Dharma, Artha, Kama and Moksha. That one should strive hard for Dharma and Moksha. To follow Nishkama Dharmanushthana or Karma Yoga. Offering all our actions to Bhagavan. To understand Iswara, who is in the forms of this universe, and who is the Karma Phala Data. For us to graduate and evolve from Eka Rupa Upasana to Aneka Rupa Upasana and finally understand Arupa Brahman. Iswara will bless us with wisdom, through the Guru and the Sastras. To develop the four necessary qualities of - Discrimination, Dispassion, Discipline and Desire for Moksha. To culminate in Advaita Jnana that, the Pure Consciousness alone, is Advaitam/our real Self. The benefits of Advaita Jnanam being - freedom from stress, anxiety and insecurity. Pujyasri Swamiji concluded by saying - Whenever our eyes are open, we should think of "what we can do for the society?". Only then, whenever we close our eyes, we can enjoy "peace with ourselves".

On Sunday May 24th Pujoyasri Swamiji delivered (online), to the “Aruljnana Sabhai” (of Thiagarajar College, Madurai), during their 241st monthly meet, a talk on “Sivajnana Bodha Saram”. At the very outset saying that, even at the tender age of 5 or 6 years, one should study Sivajnana Bodha (Tamil) and Raurava Agama (the same in Sanskrit). And understand their meaning by the age of 16 years or so. Bodha: means the experience, of those who have “experienced” the Lord -

Sivanubhavam. Bodham is internal knowledge, and Jnanam is the knowledge gained from/through a Guru. The knowledge talked about, pertains to knowing Sivam. Sivam means, the Ultimate Being. Jnana means, the knowledge about that Sivam. To lead a life of worship and devotion - both external and internal - in keeping with that



Sivam. Initially Apra Jnana, which gradually leads to Para Jnana, later. The songs talk about Siva/Pati Tattvam/Lakshanam. Siva/Pati being the cause of this universe - Jagat Karanam. There is no doubt that He exists. He is One. He is in all the souls, but is different from them - Dvaita-Dvaitam or Bheda-Bhedam. He knows their Karma and grants them the fruits of those actions - is the Karma Phala Data. He is beyond the known and the unknown, but He does exist. Birth after birth, the soul traverses through different bodies. Then Pasu Lakshanam says that, the soul can gain the knowledge about Siva, only through the blessings of Siva. Pasu-Pati-Pasam - all the three are Anadi or Eternal. Only through the blessings of the Pati, can the Pasu get rid of both the Pasuttvam as well as the Pasattvam. Neither does Sivam know about the creation, nor does the creation know about Sivam. It is only the soul that can, through the blessings of the Sivam, know about both the Sivam as well as the creation. Then it talks about the ways and means to liberation. To direct the senses inward, away from this external word, always seeking that Sivam. To ever perform the Siva Dhyanam and the Siva Pancakshara Japam. To always stay in the Siva Nishtha. As a result, all the Karmas are destroyed. Then become one with that Siva,

On Sunday, May 31st, the concluding day of the Sri Sankara Jayanti Celebrations, by the Sri Vidyateertha Foundation, Chennai, Pujoyasri Swamiji talked (online) on “Acharyopasanam - the Glory of Jagadguru Sri Mahasannidhanam Sri Sri Bharati Tirtha Mahaswamigal. He began by quoting from the Mahashasanam, in which Sri Sankara says - understand that whoever ascends and adorns/decorates this Sringeri Pitham, “Is Me alone”-



listing the qualities that such a Pithadhipati will/should possess. Our Sri Mahasannidhanam qualifies as one, who has all those qualities. Pujoyasri Swamiji said that, his connection to/with the Sringeri Sri Sarada Pitham started right from his childhood, which is evident from the abundant love that Acharyal always has for him, and the deep respect that Pujoyasri Swamiji has for Acharyal. That none of the Pithadhipatis in the Aviccina Parampara, had any desire/longing, to become the head. Each one of them being Tapasvis, of the highest order. He went on to quote the five slokas composed, by Sri E.N.Narayanan, Shangunacherry, at the time of Sri Mahasannidhanam's Sashtyabdhapurti, and explained their meaning in brief. Dharma, Iswara Bhakti and Sastra Jnanam has never been compromised by any one, in this hoary lineage. How Sri Mahasannidhanam has at this age (70), already started slowly withdrawing and is handing over the responsibilities, to Sri Sannidhanam Jagadguru Sri Vidhu Sekhara Bharati. Acharyal thereby

becoming a role model, for us to follow in our family/social roles too. Acharyal revelling in happiness, while doing all these. That all through, whenever he has had Acharyal's Darshan, Pujiyasri Swamiji has seen him doing only either Puja or Dhyanam. Acharyopasanam (from Srimad Bhagavad Gita) as defined by Sri Sankara being - Moksha Sastra Upadeshtu: - the offering to one's Guru. What does one gain by that? The Guru being the Pratyaksha Iswara. The one who has all the powers of Iswara. One gains the same Punya, from Guru Puja, as that gained from Iswara Puja. One gains Jnana, it being the ultimate goal/benefit. Quoting Kabir Doha - Whom should one offer puja first, when both Iswara and Guru were to come/appear in front, at the same time? The answer is, to offer the Puja to the Guru first, as it is through the Guru, that we come to know about/of Iswara, Dharma and Life. Gurunam Guru: Jagadguru:. Pujiyasri Swamiji recalled the three visits of Sri Mahasannidhanam to the Theni, Vedapuri Ashramam - in 1995, 2012 and 2017. In the last one, He being accompanied by Sri Sannidhanam too. Concluding by giving the meaning, of the sloka on Sri Mahasannidhanam, composed by Sri Sannidhanam - the one who has seen the shores, in the ocean of the Sastras; the one who is totally detached; an ocean of Tapas; the one who bestows Mangalam on everyone; I pray and prostrate, to that Sri Bharati Tirtha Guru!

Published in the "Swami Omkarananda" YouTube Channel

- Advaita Atma Dhyanam (Panchikaranam)

Sastra Prachara Matrix May 2020

	Talks	No. of Classes / Listeners / Views
Atma Vidya 1	-	24 classes (one hour each) - 1010 students
Atma Vidya 2	-	24 classes (one hour each) - 1150 students
You tube	1329 Videos	21,900 Subscribers / 28.10 Lakh Views
UV - Tamil	155 minutes	7340 Listeners
Karpavai Karpom	155 minutes	13620 Listeners

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